



*'Taste the world your way'*

## Portugal, Lisbon & Alentejo - Taste of Portugal

### Overview

This is the perfect short stay in Lisbon for food and wine lovers. See the and taste the best of the city but also experience the ancient city of Evora for its history, culture and the surrounding wine region on this private tour.

**Travel Type:** [Food and Wine](#), [Private Touring](#)

**Location:** [Alentejo](#), [Lisbon](#), [Portugal](#)

**Code:** PTLISVTFW

**From AUD:** \$2,045

**Duration:** 5 Days

**Offer Expires:** Dec 31, 2019



### Summary

This is a great introduction to Portugal for food and wine lovers. Not only will you see the highlights of the city and neighbouring region, but you will also taste the best of the country. Enjoy a comfortably paced five day private tour where sightseeing is balance with your own time, so you can get the most out of your time here.

Start with a tour of Lisbon to learn about Belem and why it's important to the locals, journey to Sintra, a UNESCO listed and ancient royal city. Take in a Fado concert with local cuisine, enjoy seafood meals by the ocean and start to learn about the quality local wines of Portugal. Venture into the countryside and visit the cork gowing area of Alentejo - not only cork - but also a leading area in Portugal for wines, olives and fresh produce. Marvel at the ancient walled city of Evora and learn about the waves of history which have passed through and left their mark still today. Enjoy olive oil tastings and an extravagant wine matched meal at a local estate.

A great combination of city and country, as well as history and culture balanced with food and



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wine.

## Itinerary

### Day One

Arrive at Lisbon airport

Meet your driver/guide at arrivals and transfer to your hotel in a Mercedes Class E car or equivalent to your chosen hotel in Lisbon.

Free time for lunch on your own

In the early evening, meet your driver/guide at the hotel and depart for a panoramic city tour of Lisbon, for a first contact with this city of contrasts. A panoramic city tour is the perfect means to discover some of the most interesting aspects of Lisbon's historical and architectural heritage. Discover a little of Lisbon's history and day to day life on each street corner, in each local church, passing by some of the most picturesque sites. Steeped in history, make sure you are paying attention to the architecture and the tiles that finish some facades, often in an Art Nouveau style reaching right up to the roof. Complete your tour and enjoy a Fado dinner & soirée this evening. A night of Fados at this "house of Fados" is a true artistic experience in Bairro Alto. This typical restaurant was founded in 1937 by Armando Machado and his wife, singer Maria de Lourdes Machado, and is

one of the most famous fado houses in Bairro Alto. The cuisine, of strong and innovative Portuguese inspiration, is run by the Chef Alexis Gregorio, and the artistic director is the Fado singer Marco Rodrigues. The venue's cuisine is based on Portuguese gastronomy with a sophisticated "twist". To taste high quality food while listening to high fidelity Fado is something you may expect here.

Return transfer to the hotel

Lisboa Plaza Hotel – 4\* (superior room) or

Altis Avenida Hotel – 5\* (superior room)

Meals: Dinner

### Example Dinner Menu

Bread and olive oil butter

Grilled octopus, mashed sweet-potatoes, sour-cream and coriander

Azores steak (DOP) with "serra da Estrela" cheese sauce

Sericaia (cinnamon mouse, stuffed macarons with black plum jam, streusel, wild berries purée)

White or Red wine EVEL DOC – Real Companhia Velha – Douro Region

Coffee, Beverages, Mineral water

### Day Two

Breakfast at the hotel

Meet your driver/guide for a tour to two of Portugal's most historic locations. The first is the Belém quarter, where the ships from the 15th century set off on their world expeditions to distant continents of Africa, Asia, India and South America. The second is the enchanted



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town of Sintra, a UNESCO world heritage town with magnificent palaces and a wine estate that is the furthest west on continental Europe.

The day will be highlighted with beautiful scenery, from mountain, to vineyards and the ocean all in one day.

About Belem - Belém has been long associated with seafaring and the early Portuguese explorers, and many of the historic monuments found in the district either commemorate this glorious past, or were funded by the vast wealth that flowed into Portugal from the colonies. The highlight is the Mosteiro dos Jerónimos, the extravagant monastery that was funded by the 5% tax levied on spices that flowed into Portugal. Originally designed as a modest monastery complex, the excessive trade wealth extended the construction by 50 years, to create one of the most ornate religious buildings of Portugal. The site has a close connection to the early explorers, as Vasco da Gama spent his last night here before his epic voyage to India. Later the church was the location that sailors wife's would come to pray for the safe return of their loved ones. The monastery is simply breathtaking, with beautiful stone carvings throughout the vast religious building.

NOTE: Jerónimos Monastery is closed on Monday's and holidays. If the case, it will be replaced by the Ajuda Palace.

Following Belem we make our way to Sintra for a visit and tasting at boutique wine producer. This wine producer is located the farthest west in all of Continental Europe, benefiting from its beautiful location over the Atlantic Ocean. The property with 7 hectares of vineyards belongs to the lovable Baron Bruemmer and is surrounded by gardens, fruit trees and trees centuries old in a romantic and bucolic environment very distinctive of Sintra. The resident wine maker is António Figueiredo, who shares with us the enthusiasm behind the exceptional work of the last years that allowed the achievement of prizes and honorable mentions for its wines, especially the white wines.

At the end of the visit, enjoy a premium wine tasting of 4 wines.

After the tasting it's time for a fresh fish and seafood lunch on the coast. This cozy terraced restaurant offers an amazing location with stunning views of the sea. The charming Atlantic landscape and the rhythm of the waves combine to provide the most exquisite atmosphere. The menu is based on fish and seafood from the oceans, some locally caught. They bring for you a never-ending variety of amazing tastes and scents of the sea, the Portuguese seafood has always been a highly appraised gastronomic reference to those who visit this restaurant.

After lunch, spend some time exploring the ancient town of Sintra. This is a favourite place of kings, nobles, poets, painters and artists, one of the most delightful locations in Portugal. Sintra's beautiful surroundings of forested hills are the perfect setting for the town's many elegant palaces, castles and museums. Classified as World Heritage by UNESCO and made famous by Lord Byron, Sintra was once the royal town of Portugal. Sintra has remained even nowadays the "noble town surrounded by many estates, pleasant woods with plentiful springs of excellent water", referred to by various old authors.

Return transfer to your hotel in Lisbon for an evening at your leisure.

Lisboa Plaza Hotel – 4\* (superior room) or

Altis Avenida Hotel – 5\* (superior room)

Meals: Breakfast, Lunch

### Example Lunch Menu

Fresh seafood platter with shrimp and clams  
Catch of the day fish  
Locally inspired dessert  
House wines, mineral water and coffee

### Day Three

Breakfast at the hotel and check-out by 12:00pm

Enjoy a leisurely morning and lunch on your own. In the early afternoon your driver will collect you for an afternoon visit to Alentejo.

East of Lisbon lies the Alentejo, a land where the sun shines 250 days per year

Visiting Alentejo is akin to taking a stroll through history as historical artifacts abound, left from the influences of different peoples and cultures that have at one point in time made the Alentejo their home. From the Romans, to the Moors, the Portuguese strongholds still remain from the the battles with Spain, as do the monasteries from a once quite active clergy.

The Alentejo is history and heritage, but, it is also a land of great wines, and delicious traditional foods, from local honeys and jams, to wild game, cheeses and authentic convent pastries.

Today you will enjoy a guided visit of Évora's historic city center, the ancient city at the heart of Alentejo, and yet another of Portugal's UNESCO sites. Évora has its origin in the period of the Roman Empire and was marked by the

Arabian occupation between the 7th and 12th centuries. The city extends itself over a hill at the golden plain of Alentejo, and guards its historic centre with a vast outer wall which now represents a valuable cultural legacy. Its narrow streets of Moorish origin contrast with squares where the light floods in, and hold two millennia of history, including the cathedral and the Roman Temple of Diana. The famous Giraldo Square is the meeting point of the city where the attractive marble spring fountain from the 16th century still remains, and the Church of Saint Francis is one of the best-defined examples of the Gothic - Moorish style.

Transfer and check-in at your chosen hotel in Évora. Free time for dinner on your own.

Hotel Mar de Ar Muralhas – 4\* (superior room) or

Convento do Espinheiro Hotel – 5\* (deluxe room)

Meals: Breakfast

### Day Four

Breakfast at the hotel, before meeting your driver/guide.

Today we explore the traditional region of Alentejo with its vast plains, olive and cork trees, free roaming cattle and millennial monuments. The highlight will be a gastronomic experience with wine harmonization at a leading Alentejo wine estate.

Your first stop today will be at Herdade do Esporão wine estate. Located in an area of wonderful nature and heritage, the Herdade do Esporão wine estate is surrounded by the Alentejo's montado ecosystem (cork oak forest). Here are planted over 700 hectares of vineyards with around 40 grape varieties, olive groves and other crops grown using organic methods and integrated production. The modern vinification plant includes both ancient local

techniques and a state of art winery.

The Esporão wines are the expression of their land and are produced under the supervision of the Australian winemaker David Baverstock. The olive oils, exclusively extra virgin and virgin, are produced using natural methods and entirely traditional processes. Your tour outline is shown here:

10:30am A visit to the olive oil press and tasting of 3 olive oils produced at the estate

12:00pm Five course lunch with paring of 3 wines at the Esporão restaurant

3:00pm Visit to the wine cellar and tasting of 4 Esporão wines.

Following your lunch, you will move on with your driver/guide to a second winery, this time a more traditional wine cellar where wine is still stored in clay pots.

Introduced by Romans in the region, the archaeological tradition of making wine in clay pots is still alive in Alentejo. This winery keeps a large stock of amphora pots used today for winemaking. The wine is partially fermented in the potteries and then aged during some months in wood. The guided visit by

the winemaker will be followed by a tasting of 3 premium wines.

Return to the hotel to enjoy free time for dinner on your own

Hotel Mar de Ar Muralhas – 4\* (superior room) or

Convento do Espinheiro Hotel – 5\* (deluxe room)

Meals: Breakfast, Lunch

Day Five

Breakfast at the hotel and check-out.

Meet your driver/guide and transfer to Lisbon airport.

Farewell to Portugal!

## Inclusions

Includes

Organisation of the program as described

English speaking driver/guide as per program in either car or Van depending on total participants and luggage.

Four nights accommodation with breakfast at the chosen hotel

Panoramic Lisbon tour

Dinner with Fado show in Lisbon (incl private night transfer)

Visit to the Belém quarter with the driver/guide (incl entrance at the Jeronimos Monastery, replaced by the Ajuda Palace on Mondays)

Visit and wine tasting at a wine estate in Sintra region

Fresh fish and seafood lunch at the coast by Sintra

Visit to the city centre of Sintra

Visit to Évora with the driver/guide (incl entrance to Bones Chapel)

Visit with olive oil tasting, wine tasting and lunch at a Alentejo wine estate

Visit and wine tasting at a Alentejo wine estate

Excluded  
Travel insurance  
Flights  
Meals besides those mentioned as included  
Personal expenses  
Extra options  
Early check-in or late check-out  
Tips (client's discretion)

## Package

### Departure Dates

This tour departs year round, any day of your choosing. Simply contact us so we can check availability for you.

### Prices

#### Four Star Hotels

\$3149 per person, based on two people travelling twin/double share (one room)  
\$2425 per person, based on four people travelling twin/double share (two rooms)  
\$2045 per person, based on six people travelling twin/double share (three room)

#### Five Star Hotels

\$3629 per person, based on two people travelling twin/double share (one room)  
\$2899 per person, based on four people travelling twin/double share (two rooms)  
\$2529 per person, based on six people travelling twin/double share (three room)

Transport by van in the case of four or more passengers; car for two only